



A guide to information for older people on www.citizensinformation.ie

This is a short guide to some of the information on the Citizens Information website aimed specifically at older people. Of course, older people also have the same information needs as everyone else, for example, consumer rights or legal information.

Using the website

You can find information by clicking on a particular **Category** of information and choosing a sub-category, which will give you a group of relevant documents.

We have shown these groups of relevant documents overleaf, with details of how you get to them. For example, to check out the range of community care services, you choose **Health** from the **Homepage**, then click on **Care in Your Community**. This will show you the list of documents dealing with the various services.

This path is shown as *Home > Health > Care in Your Community*

You can also use the **Search** facility.

There are also **Life Events** which are focused on older people, and which will give you a series of links to useful documents. **Overview** documents will give you links to documents within a particular area of interest or service.

Life Events

Moving from home to long-term care

The majority of older people in Ireland can continue to live at home with HSE and family support. Information on issues around moving from home to long stay care.

Retiring from work in Ireland

For many people in Ireland, the prospect of retirement from work gives an opportunity to seek fresh directions and new challenges. What you should know about retiring from work in Ireland.

When someone dies in Ireland

If you have recently lost someone close to you or know someone who has recently been bereaved, this will guide you through the immediate things that you must do following a death in Ireland. It also highlights some of the state and voluntary services here to support you.

Retiring to Ireland

A guide to some of the factors to take into account if you are considering moving to Ireland when you retire.

The Citizens Information Board is the national agency responsible for supporting the provision of information, advice and advocacy to the public on the broad range of social and civil services. The Board is the support agency for the Citizens Information Service and provides the Citizens Information website.

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Useful Sections

[Home > Social Welfare > Social Welfare Payments > Older and Retired People](#)

State pensions, early retirement, Centenarians Bounty.

[Home > Social Welfare > Social Welfare Payments > Extra Social Welfare Benefits](#)

Overview: Additional social welfare benefits.

Also includes documents on free travel, fuel allowances, the Household Benefits Package and the living alone payment.

[Home > Health > Health services for older people](#)

In addition to general health services for older people, this section has information on nursing homes; charges, subventions, standards and tax reliefs.

[Home > Health > Care in your community](#)

Entitlements to the range of services, including home help, public health nursing, chiropody and occupational therapy.

[Home > Moving Country > Moving to Ireland](#)

This section includes useful information for people retiring to Ireland, including the document 'Moving to Ireland and your social security entitlements'.

[Home > Employment > Retirement](#)

Documents on retirement, older people and working, pensions and income tax in retirement.

[Home > Housing > Housing grants and schemes](#)

A number of documents in this section deal with special schemes and grants in Ireland for housing and home improvements for older people and people with disabilities.

[Home > Money and Tax > Tax > Income Tax Credits and Reliefs](#)

As well as general information on income tax credits and reliefs, there is specific information on older people's tax credits and reliefs, medical expenses, housing costs, deeds of covenant, tax issues following a death and taxation of social welfare payments.

[Home > Death and Bereavement > Before a death](#)

Information on Power of Attorney and on making a will.

[Home > Education and Training > Adult and life-long education](#)

Documents on adult literacy and on night classes.

Other resources

Relate is the monthly journal of the Citizens Information Board. It is available by subscription and online on the publications section of the Citizens Information Board website at www.citizensinformationboard.ie. Individual print copies are available from Citizens Information Board offices. Two recent issues cover issues of interest to older people:

January 2007

Includes paying for long-term care, the Health Bill 2006 and Budget measures for older people.

October 2006

The entire issue is about the information needs of older people including retiring from work, care at home, long-term care and taxation.